

**Montana WIC Program
High-Risk Participant Referrals**



RD/LN Registered Dietitian/Licensed Nutritionist
 LC Lactation Counselor/Lactation Consultant
 HCP Health Care Provider
 DNT Dental Services
 SS/MHP Social Services/Mental Health Care Provider
 * Only refer to LC if participant is breastfeeding
 ** Only refer if participant is not actively receiving prenatal care
 *** WIC RD to coordinate with outside RD, HCP or other specialist involved in the care of the participant

Code	Description	RD/LN	LC*	HCP	DNT	SS/MHP
101	UNDERWEIGHT WOMEN if pregnant	X				
103	UNDERWEIGHT OR AT RISK FOR UNDERWEIGHT if child, infant, or breastfeeding	X	X	X		
111	OVERWEIGHT WOMEN if pregnant	X				
113	OBESE if child	X		X		
114	OVERWEIGHT OR AT RISK OF BECOMING OVERWEIGHT if child	X		X		
121	SHORT STATURE if infant	X		X		
131	LOW MATERNAL WEIGHT GAIN in second and/or third trimester	X		X		
132	MATERNAL WEIGHT LOSS DURING PREGNANCY if mother loses more than 5 pounds from pre-pregnancy weight	X		X		
133	HIGH MATERNAL WEIGHT GAIN if pregnant woman gains more than 7 pounds per month	X		X		
134	FAILURE-TO-THRIVE*** all with diagnosis	X	X			

Code	Description	RD/LN	LC*	HCP	DNT	SS/MHP
135	INADEQUATE GROWTH for infants and children for two consecutive measures.	X	X	X		
141	LOW BIRTHWEIGHT if infant with feeding difficulties or problems with weight gain	X	X	✕		
142	PREMATURITY	X	X	✕		
201	LOW HEMATOCRIT/LOW HEMOGLOBIN if not at or above the established cut-off value upon recheck	X		X		
301	HYPERMESIS GRAVIDARUM	X				
302	GESTATIONAL DIABETES refer to outside RD	X				
303	HISTORY OF GESTATIONAL DIABETES**	X		X		
304	HISTORY OF PREECLAMPSIA**	X		X		
311	HISTORY OF PRETERM DELIVERY** if pregnant	X		X		
312	HISTORY OF LOW BIRTH WEIGHT** if pregnant	X		X		
331	PREGNANT AT A YOUNG AGE	X				
335	MULTIFETAL GESTATION if pregnant or breastfeeding	X				
338	PREGNANT WOMAN CURRENTLY BREASTFEEDING if concerns about nutritional needs are present	X				

Code	Description	RD/LN	LC*	HCP	DNT	SS/MHP
341	NUTRIENT DEFICIENCY DISEASE***	X				
342	GASTROINTESTINAL DISORDERS***	X				
343	DIABETES MELLITUS***	X				
344	THYROID DISORDERS***	X				
346	RENAL DISEASE***	X				
347	CANCER***	X				
348	CENTRAL NERVOUS SYSTEM DISORDERS***	X				
349	GENETIC AND CONGENITAL DISORDERS***	X				
351	INBORN ERRORS OF METABOLISM***	X				
352	INFECTIOUS DISEASES***	X				
353	FOOD ALLERGIES***	X				
354	CELIAC DISEASE***	X				
358	EATING DISORDERS*** if effecting dental health	X		X	X	X
360	OTHER MEDICAL CONDITIONS***	X				
362	DEVELOPMENTAL, SENSORY OR MOTOR DISABILITIES INTERFERING WITH THE ABILITY TO EAT***	X	X	X		

Code	Description	RD/LN	LC*	HCP	DNT	SS/MHP
381	DENTAL PROBLEMS (except early childhood caries) if one or more food groups are being eliminated	X			X	
382	FETAL ALCOHOL SYNDROME if feeding difficulties or problems with weight gain	X		X		
411	INAPPROPRIATE INFANT FEEDING if infant is not being fed breast milk or infant formula as primary source of nutrients during the first 6 months of life	X		X		
425	INAPPROPRIATE FEEDING PRACTICES FOR CHILDREN if routine diet is very low in calories and/or essential nutrients, pica	X		X		
427	INAPPROPRIATE NUTRITION PRACTICES FOR WOMEN if consuming a diet very low in calories and/or essential nutrients, pica	X		X		
602	BREASTFEEDING COMPLICATIONS FOR WOMEN		X			
603	BREASTFEEDING COMPLICATIONS FOR INFANT if infant shows signs of breastfeeding jaundice, weak or ineffective suck, inadequate weight gain		X	X		
801	HOMELESSNESS					X
901	RECIPIENT OF ABUSE					X
902	WOMAN OR PRIMARY CAREGIVER WITH LIMITED ABILITY TO MAKE FEEDING DECISIONS AND/OR PREPARE FOOD					X